

A "mystical healing space" where both body and mind unwind,
nestled in a forest spot infused with the great power of nature.

Forest Healing

Mana Spa

"Mana" represents an invisible, sacred energy—the power of nature.

"The name "Mana Spa" embodies our wish for you to fully experience the abundant energy flowing from Kotonami's great nature, combined with the heartfelt care of our therapists.

Recommended Massage Package & In-Room Service Menu

Serenity Package

(80-Min Aroma Oil Treatment
+ 20-Min Eye Fatigue Therapy)

100
-Min

Hotel Guest / Member / Member's Family¥21,000
Day Guest¥22,100

Shine Package

(60-Min Aroma Oil Treatment
+ 60-Min Facial Therapy)

120
-Min

※ Please arrive with your makeup removed.

Hotel Guest / Member / Member's Family¥27,000
Day Guest¥28,100

Special Package

(70-Min Aroma Oil Treatment
+ 30-Min Thai Herbal Ball Therapy
+ 30-Min Head Spa)

130
-Min

● Head Spa includes Facial Herbal Ball Care.

Hotel Guest / Member / Member's Family¥30,000
Day Guest¥31,100

Exclusive In-Room Service for Hotel Guests

(Available from 16:00,
with the last appointment starting at 21:00.)

In-Room Spa Dry Massage (Includes Head Spa Care)

60-Min¥14,000
90-Min¥19,000

In-Room Spa Reflexology (With Gel)

30-Min¥8,500
60-Min¥13,000

In-Room Eye Fatigue Therapy (With Head Spa Care)

30-Min¥8,000
60-Min¥12,500

Website of Mana Spa



Business hours **13:30~23:00**

Priority is given to
those with reservations.

Irregular
holidays

MENU&PRICE



〈Reservation, Reception Hours, & Spa Closed Days〉
For details, please check the store information on our website.

TEL : 0877-84-2877
Internal Extension Numbers : Spa 147, Front Desk 9

MENU & PRICE

Oil Treatment Selection

(Healing Touch or Deep Tissue)

This is an aromatic oil treatment that thoroughly relaxes the entire body. By promoting lymphatic flow, it enhances the body's natural ability to eliminate toxins.

- You can choose between Healing Touch or Deep Tissue.

	Hotel Guest / Member / Member's Family	Day Guest
60-Min	¥14,500	¥15,600
90-Min	¥19,500	¥20,600
120-Min	¥23,000	¥24,100

Reflexology

(From the soles of the feet to the calves)

Using cream or oil, this treatment targets the area from the soles of the feet to just above the knees. By stimulating pressure points (reflex zones) on the soles, it promotes circulation and encourages the elimination of accumulated toxins.

	Hotel Guest / Member / Member's Family	Day Guest
30-Min	¥7,000	¥8,100
60-Min	¥11,500	¥12,600

Dry Massage

This treatment is performed over your clothing, using slow, deep pressure to release tension and tightness in the muscles caused by fatigue and stress.

	Hotel Guest / Member / Member's Family	Day Guest
60-Min	¥12,500	¥13,600
90-Min	¥17,500	¥18,600
120-Min	¥21,000	¥22,100

Herbal Ball Therapy

Thai herbs are wrapped in cotton cloth and steamed, then gently pressed onto the body as a form of massage. The nutrients are absorbed through the skin, and the heat helps to relieve muscle tension.

	Hotel Guest / Member / Member's Family	Day Guest
30-Min	¥7,500	¥8,600
60-Min	¥12,000	¥13,100

Facial Therapy

This treatment uses luxurious skincare products rich in moisturizing and whitening ingredients, carefully applied with all-hand techniques. It includes a treatment for the face, back, shoulders, neck, décolleté, and head. The facial lifts and revitalizes the skin, promoting circulation, relieving tension, and guiding you into a deep state of relaxation.

※Please come with your makeup removed.

	Hotel Guest / Member / Member's Family	Day Guest
45-Min (Oil Massage + Whitening & Beauty Pack)	¥11,500	¥12,600
60-Min (Clay Scrub + Oil Massage + Whitening & Beauty Pack + Essence Mask)	¥15,000	¥16,100

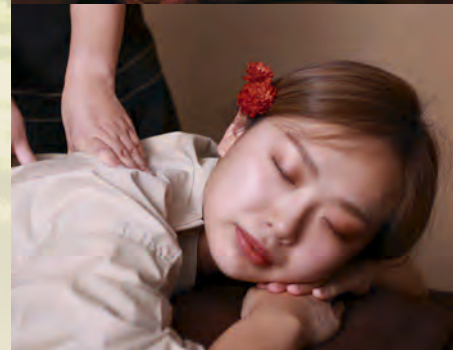
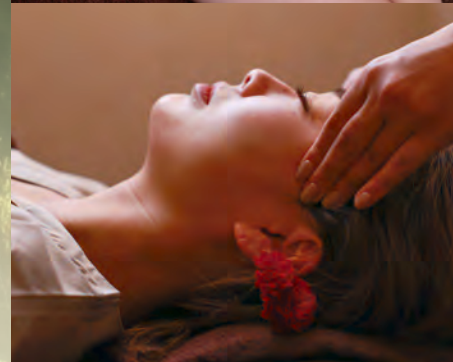
Eye Fatigue Therapy

This therapy is performed without oil, using gentle techniques over a towel or clothing. By carefully relieving tension, it helps promote the flow of fatigue-related substances, reducing strain and discomfort.

	Hotel Guest / Member / Member's Family	Day Guest
30-Min (Shoulders, Neck, Décolleté, Face, Head)	¥6,500	¥7,600
60-Min (Back, Shoulders, Neck, Décolleté, Face, Head)	¥11,000	¥12,100

Optional Menu

- Extension(10minutes) ¥1,850
- Dry Massage(30minutes) ¥6,000
- Treatment Selection(30minutes) ¥7,000



Therapist Request Fee ¥1,100(tax included) ※Free for members and family members

※All menu options are available to everyone, regardless of gender.
※All prices are inclusive of tax.

Located within Yuzan-sou
Asan Kotonami

Forest Healing
Mana Spa

[Notice]

- Please note that same-day changes to your treatment may not be possible. We appreciate your understanding.
- Please arrive about 5 minutes before your appointment.
- If you do not arrive within 15 minutes of your scheduled time, your reservation will be considered canceled. Thank you for your understanding.
- Massage services may not be available for customers with allergies, athlete's foot, or similar conditions.
- For the safety and comfort of pregnant customers, we kindly ask that you refrain from using our services during pregnancy.
- Our salon is dedicated to relaxation. We do not provide any medical treatments or therapeutic procedures.